**Metacognition**

**(thinking about our thinking)**

* I’m thinking…
* I’m noticing…
* I’m wondering…
* I’m seeing…
* I’m feeling…

**Determining Importance**

* What’s important here..
* What matters to me…
* One thing that we should notice….
* I want to remember…
* It’s interesting that….

**Schema (background knowledge)**

* That reminds me of…
* I’m remembering…
* I have a connection to…
* I have schema for…
* I can relate to…

**Questioning**

* I wonder…
* What if…
* Why…
* I don’t understand…
* It confuses me…
* How could…

**Visualizing**

* I’m picturing…
* I can imagine…
* My mental images include..
* I can feel…
  + - See
    - Smell
    - Taste
    - Touch
    - Hear

**Synthesizing**

* Now I understand…
* I’m changing my mind about…
* I used to think , but now I think…
* My new thinking is…
* I’m beginning to think…

**Inferring**

* My guess is…
* Maybe…
* It could be that…
* This could mean…
* I predict…
* I infer…